



# Connecting the Dots

Kelowna City Council – City Hall  
1435 Water Street, Kelowna, BC

V1Y 1J4

Dear Michele Rule,

*Re: Invitation to Endorse Connecting the Dots*

The Canadian Mental Health Association Kelowna Branch and the Ki-Low-Na Friendship Society are collaborating on a community-led project called **Connecting the Dots**. Connecting the Dots will apply an evidence-based, social delivery community assessment and intervention model called **Communities That Care (CTC)**. In the Central Okanagan, this project will focus on building capacity for promoting the mental health of our young people, with a special focus on adapting the process to promote the mental health of young, urban Aboriginal families.

The Connecting the Dots project would like to invite you to endorse the project. This would involve sharing your knowledge of the Connecting the Dots project and the activities we've been involved with or have developed for community participation. Including assisting us with understanding who community partners potentially could be and the best way of collaborating with the community at large.

Thank you for your time and consideration, Michele. We look forward to hearing from you and to working with you on this great project.

Sincerely,

Sheila Lewis, M.A Project Coordinator KFS

Amanda Swoboda, BSW Project Coordinator CMHA



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